



# You May See Us on TV

## *CATCH OUR DOCUMENTARY ON PBS!*

If you watch PBS, keep an eye out for short documentaries titled "Viewpoint With Dennis Quaid." They are nonprofit documentaries of six minutes or less. These documentaries are created specifically for PBS, to fill the blocks of time left at the end of the hour when a for-profit network would run commercials. Because the company is known for producing high-quality, educational content, the documentaries are sometimes run on traditional networks, like Fox, ABC, NBC, and CBS.

A few months back, I was contacted by one of the producers of Viewpoint. Viewpoint wanted to produce a documentary on the role of family law courts during times of crises. It was specifically intended to be a positive documentary on how the court system worked with families to protect the interest of children and then set families up to succeed in the future. Viewpoint had reviewed our website and YouTube channel, and they felt like Bolton Law represented the positive message they wanted to send.



We were not the only firm selected to be interviewed. After a series of interviews with several different people on the Viewpoint team, I was honored that they decided The Bolton Law Firm offered the best representation of their message.

The goal of their planned family law documentary aligns closely with our mission statement at the firm. We are proud to say that we guide families through divorce and onto a better life. I was thrilled to be featured. As a board-certified family law lawyer (fewer than 1% of Texas attorneys are), I'm proud to say we are highly successful in creating new and better beginnings for families.

We recognize that when our clients come to us, they are facing one of the greatest crises in their lives. No one who gets married is planning on or hoping for a divorce. It is a difficult time even for the party who is seeking the divorce. The goal of every person on our team is to provide legal and emotional support and to help the client focus on using that divorce as the bridge to a healthier family dynamic in their future. That means focusing on the best living, visitation, and child support arrangements for the children as well as making sure the assets are divided in a way that is fair to everyone involved.

In the past, I've spoken at events hosted by employers and at meetings of social or community organizations. I give presentations on how divorce may affect retirement benefits and the ins and outs of child support and child custody. I've also met with business owners to discuss how divorce will affect a family-owned business. However, this is the first time I have



been asked to provide a presentation for publication in a nonprofit area. I am honored by the request. Filming was fun and exciting and a new experience for me. I'm thrilled to share my message and the goal of our firm with others in such a powerful way.

Our documentary special on "Viewpoint With Dennis Quaid" is projected to be aired 30-40 times in many different time slots and on several networks. It will cover some possible changes in family law in Texas. I also spoke about the importance of ensuring our judges' focus always remains on what is best for the children involved.

If you catch it, please let us know! We are eager to hear feedback and are excited that our passion for guiding families through divorce and tough situations will reach a larger audience.

*-Ruby Bolton*

# WD-40 Has Over 2,000 Uses

## It's More Than a Lubricant!

If you've looked into your cabinets, you might find a can of WD-40 lying around. That's good because it has more capabilities than just lubricating rusted parts.

Did you know that WD-40 has over 2,000 uses? You read that right — you can use it for all kinds of things! Here are a few of our favorite uses.

### Cleaning Carpets

It can be difficult and expensive to deep-clean your carpet to remove those pesky stains. However, if you spray the stains with WD-40, wait a few minutes, and then use a sponge and soapy water, you can get those stains out in no time! If you go through this process and the stains remain, retry the above steps or try a carpet cleaner with soapy water.

### Instantly Waterproofing Shoes

No one likes going outside when it's raining. While you can purchase water-resistant sprays for your shoes, you may have to wait a day or two before wearing them. But if you spray your shoes with WD-40, you can instantly make them waterproof! WD-40 acts as a barrier, meaning that moisture won't be able to seep into your shoes and get your socks wet.

### Removing Paint Smudges From Cars

Sometimes when you're out and about, your car can get dinged as other drivers open their doors. A shopping cart might even collide with your vehicle and leave a paint smudge. But there's no need to spend hours trying to remove the smudge. Simply spray the area with WD-40 and wipe it clean with a rag.

### Getting Rid of Sticky Residue

Trying to peel off a sticker or label without leaving any residue can be difficult. To help with this issue, spray WD-40 on the residue, wait a few minutes, and then wipe it away with a cloth. Then voila! No more annoying residue!

Can you believe that WD-40 can be used for all this and more? It's mind-blowing how many uses it has. Learn more about what you can do with this incredible multi-functional item at [WD40.co.uk/tips-and-tricks/uses-for-WD40](http://WD40.co.uk/tips-and-tricks/uses-for-WD40).



# Let Your Creativity Flourish!

*With a Zine, Anything Is Possible!*

We've all heard of journaling, scrapbooking, and creating collages, but have you ever thought about making a zine? A zine (pronounced "zeen") is a self-published and noncommercial book you can create and showcase your talents to the world. Many businesses, such as Aesop and Supreme, have used zines to connect with readers and share their stories. And now, you can do the same!



### What makes a zine unique?

Zines are quickly rising in popularity because they can be anything you want! If you want to highlight your artwork, showcase your writing, display your academic research, or let your creativity blossom, then a zine is for you. There are no rules, guidelines, or processes to follow — everything is up to you!

These creations were used initially to highlight minority and underground interests. For example, mainstream magazines may highlight news and other events happening in pop culture and mainstream media. But what about niche topics such as music genres, outsider art, or small-town activists? Zines have filled this gap and provided an outlet to share their voices.

Additionally, most people think the only way to be published is to submit their work to many different publications and hope for acceptance, get an agent, or work for a magazine or newspaper. But that's not the

case anymore! Anyone can create a zine — even if they don't have any experience or training.

### How do you create a zine?

Making your own zine is easy! All you need is paper, glue, scissors, pens, and photos from magazines or the internet. First, you want to take your paper (as many pieces as you wish) and fold each in half to make a book. Then, let your creativity take over! You can cut out newspaper or magazine clippings, print designs off the internet, or draw your own creations. Once you finish your zine, you can keep it to yourself or print and sell several copies.

You can publish your zine on social media, reach out to different zine publishers such as Kiosk, Ditto, or Colpa Press, or contact your local, independent bookstore to see if they are willing to showcase your work.

So, in honor of July being International Zine Month, let your creativity flourish and create your own!

# TAKE A *BREAK*



## GRILLED STEAK SALAD WITH PEACHES

### Ingredients

Inspired by *Delish.com*

- 1 lb skirt steak, fat trimmed
- 1/4 cup balsamic vinegar
- 1 clove garlic, minced
- 1 tbsp light brown sugar
- 1 tbsp vegetable oil
- Kosher salt
- Black pepper
- 1/4 cup extra-virgin olive oil
- 1 large lemon, juiced
- 6 cups baby arugula
- 2 ripe peaches, thinly sliced
- 1/3 cup crumbled blue cheese or feta

### Directions

1. In a large resealable plastic bag or baking dish, combine steak, vinegar, garlic, and brown sugar. Marinate 20 minutes at room temperature.
2. Remove steak from marinade, coat with vegetable oil, and season generously with salt and pepper.
3. On a grill or pan set to high heat, cook steak until desired doneness. Rest 5–10 minutes, then thinly slice against the grain.
4. In a small bowl, whisk olive oil and lemon juice to make dressing. Season with salt and pepper.
5. In a large serving bowl, add arugula, peaches, blue cheese or feta, and steak. Drizzle with dressing and gently toss.

# SO, YOU'RE DATING SOMEONE NEW

## Your Children Should Always Come First!

After you separate from your spouse, you may consider entering the dating world again. However, if you have children, dating can be difficult. It can be challenging to determine the right time for that new special someone in your life to meet your kids. How do you ensure your children know they are still important and you're not replacing the other parent?

### Give your child time and space.

While you and your child's other parent are no longer together, it may take your child time to adjust to the changes. They may not fully understand why their parents no longer live under one roof. Your child may feel sadness or anger toward the situation, and accepting that new person in your life may be difficult for them.

Therefore, give your child enough time to come to terms with the situation before introducing a new partner. While this is an exciting time for you, your child should always come first. Therefore, let them adjust to their new "normal" so they're less likely to think you're trying to "replace" their other parent!

### Take your new relationship slow.

If you introduce your new partner to your children too soon and the relationship doesn't last, your child can be even more confused about the situation. Experts suggest waiting at least 8–9 months before your partner meets your kids. This time allows you to get to know your new partner and ensure you share similar interests, values, and beliefs.

### Discuss the situation with your ex.

Talking to your ex about introducing your new partner to your children may be beneficial. After all, your children are their children, too! You can outline expectations for you and your ex to follow, including how long you should wait to introduce your partner, where the introduction should take place, and how to share concerns you or your ex may have.

After your child meets the new special someone in your life, check in with them frequently. You want to ensure they are comfortable with this change and know they can come to you with questions or concerns. With open communication and trust, you can enjoy your time with your expanded family and watch your relationships blossom.



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# A BATTLE OF HE SAID, SHE SAID

## *Gwyneth Paltrow vs. Terry Sanderson — When Skiers Collide*

When you read about celebrity court cases, you probably think of music contract disputes, messy divorces, and settlements with ridiculously high dollar amounts. But the trial between Gwyneth Paltrow and Terry Sanderson was unlike any other. It regarded a ski slope collision that occurred seven years ago.

On Feb. 26, 2016, Paltrow and Sanderson were at the Deer Valley Resort in Utah. They both enjoyed the slopes until a tragic accident occurred. The collision caused Sanderson to suffer a concussion, a brain injury, and four broken limbs. In January 2019, Sanderson filed a \$3.1 million lawsuit against Paltrow. In return, Paltrow countersued for \$1 plus attorney fees.

Sanderson argued that Paltrow collided with him from behind while she skied on a beginner's slope with an instructor. He also mentioned that his injuries prevented him from coping with life. Paltrow argued

that Sanderson was the one who struck her from behind. When pictures of the collision appeared in court, it showed Paltrow on top of Sanderson — which could only happen if Paltrow was struck from behind.

Additionally, Paltrow's lawyers argued that Sanderson sued Paltrow to "exploit her celebrity and wealth." Evidence strengthens this point because while Sanderson said he couldn't cope with life, documents showed that he had taken multiple international and domestic trips since the accident. Furthermore, in an email between Sanderson and his children, he stated that he would be famous after the accident made the tabloids.

So, how did the case end? After determining that Paltrow was the downhill skier, according to the images shown in court, they turned to the sport's rules. According to the rules, the person further down the mountain (the downhill skier) has the right of way. This

means that the person closest to the top of the mountain must yield.

The jury found Paltrow not liable and awarded her \$1 and legal fees. To Paltrow, this case was not about the money. She felt like her character and integrity had been threatened and she simply wanted to prove the allegations were false.

